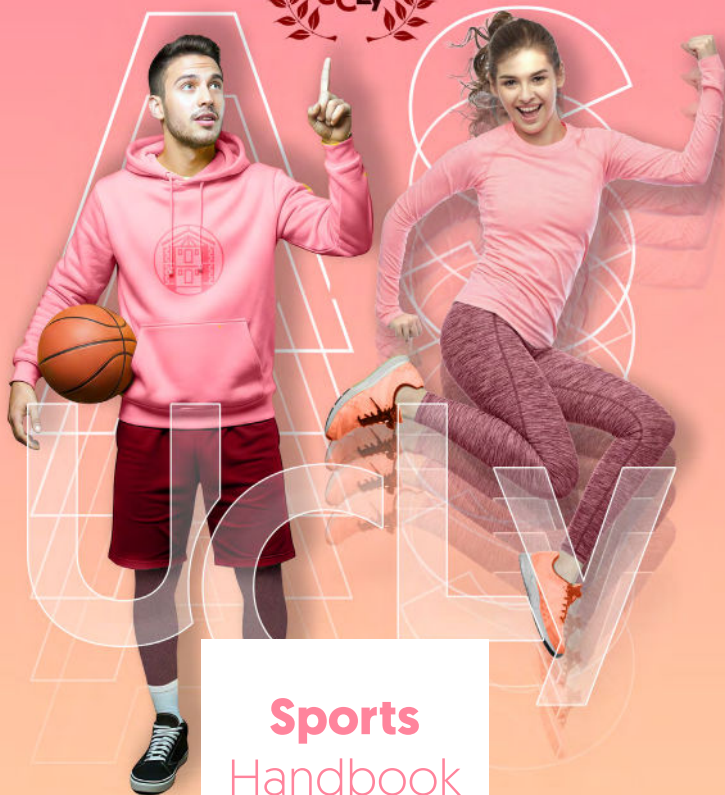


UcLy

LYON CATHOLIC
UNIVERSITY



Sports Handbook 2026/2027



SPORTS HANDBOOK UCLy



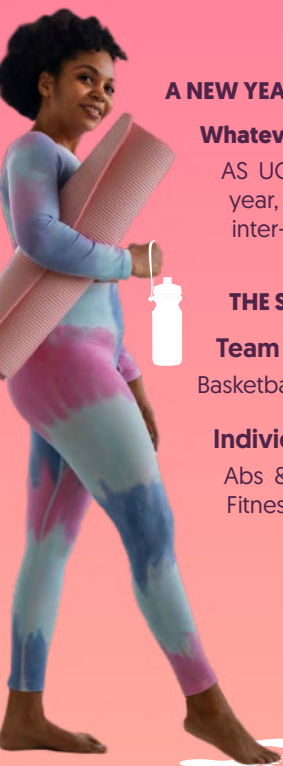
Some Figures About AS UCLy

Founded in 1986, AS UCLy is a non-profit association governed by the 1901 law. It is managed by the Sports Office, which is made up of students, two PE teachers, and 15 instructors. Each year, the association attracts nearly 600 members across its various activities.

A Simple and Affordable Membership!

AS UCLy offers two main types of membership at very attractive prices:

- The **"Recreational license"** allows you to participate in all training sessions throughout the year. Please note that this license does not grant access to competitions!
Price: €40
- The **"Competition license"** allows you to participate in all training sessions as well as various championships organized by the FFSU (French University Sports Federation).
Price: €50



A NEW YEAR BEGINS, AND AS UCLY IS BACK IN ACTION!

Whatever Your Interests, There's a Sport for You!

AS UCLy offers around twenty team and individual sports throughout the year, regardless of your level: recreational, regional university championship, inter-regional, national, or even international competitions.

THE SPORTS HANDBOOK LISTS ALL AVAILABLE ACTIVITIES:

Team Sports

Basketball, Football, Handball, Rugby, Volleyball.

Individual Sports

Abs & Glutes/Stretching, Badminton, Boxing, Climbing, Cross/Rox/Training, Fitness/Cross-training, Judo, Pickleball, Swimming, Table Tennis, Yoga.



Who Can Join AS UCLy?

AS UCLy is open to all students of the university and partner schools who wish to engage in a sports activity in an academic setting. It fosters a sense of community by bringing together students from diverse backgrounds.

You can also suggest a new sport or activity! Feel free to contact us.

Teams sports



BASKET - BALL



Coach

François-Xavier DEBIA - 06.33.68.86.34

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Salle Pierre Audry
108, rue Pierre Audry 69009 LYON

On-site registration

Schedules

Monday
8 PM - 10:30 PM

Price

Recreational: €40
Competition: €50

FOOTBALL Masculine



Coach

Terri BOUCHET - 06.19.29.15.79

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Stade Sonny Anderson, 20 quai Ram-
baud 69002 Lyon

On-site registration

Schedules

Thursday
3:30 PM - 5:30 PM

Price

Recreational: €40
Competition: €50

FOOTBALL Feminine



Coach

François MARUT - 06.77.11.98.61

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Stade Sonny ANDERSON
20, quai Rambaud 69002 Lyon

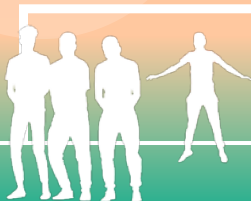
On-site registration

Schedules

Thursday
12 PM - 1:30 PM

Price

Recreational: €40
Competition: €50



HANDBALL



Coach

Thomas GRANDCOIN - 06.24.65.38.06

contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Gymnase Catherine Pibarot
10, rue des sports 69100 Villeurbanne
La Doua

On-site registration

Schedules

Wednesday
8:30 PM - 10 PM

Price

Recreational: €40
Competition: €50

RUGBY



Coach

Nans CHABOUD - 06.22.58.43.62

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

UFRSTAPS Field
12, avenue Pierre de Coubertin
69100 Villeurbanne La Doua

On-site registration

Schedules

Tuesday
8 PM - 10:PM

Price

Competition: €50

VOLLEY - BALL



Recreational

Coach

Hubert JEANJEAN - 06.34.12.68.29

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Gymnase A. GILLES
104, Bd Niels Bohr
69100 Villeurbanne La Doua

On-site registration

Schedules

Wednesday
6 PM - 8 PM

Price

Recreational: €40

VOLLEY - BALL



Competition

Coach

Hubert JEANJEAN - 06.34.12.68.29

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Gymnase Foucault
6, rue Bara 69003 Lyon

On-site registration

Schedules

Wednesday
8:15 PM - 10:15 PM

Price

Competition: €50





individual

ABS & GLUTES / STRETCHING



Coach

Marie-Laure DURAND-CALLENS -
06.15.05.34.23

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON

On-site registration

Schedules

Thursday
6 PM - 7 PM

Price

Recreational: €40

BADMINTON



Coach

Guillaume RAMEIL - 06.18.48.82.96

Location

Gymnase Foucault
6, rue Bara 69003 Lyon

On-site registration

Schedules

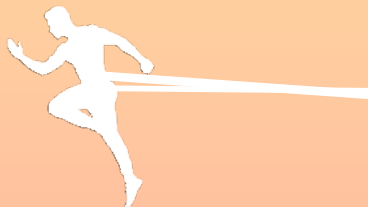
Thursday
8:15 PM - 10 PM

Price

Recreational: €40
Competition: €50



SPORTS



BOXE



Coach

Thomas JULIAN - 06.82.39.81.42

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON

On-site registration

Schedules

Tuesday
6 PM - 7:30 PM
7:30 PM - 9 PM

Price

Recreational: €40
Competition: €50

ESCALADE



Coach

Alexandre BECQUET - 06.61.35.99.18

Location

Gymnase de la Quarantaine
41, rue de la quarantaine - 69005 LYON

On-site registration

Schedules

Thursday:
12 PM - 2 PM
6 PM - 8 PM
8 PM - 10 PM

Price

Recreational: €40
Competition: €50





individual

JUDO



Coach

Jacques POCARD - 06.75.69.70.53

Location

Judo Club de Gerland
7, rue ravier
69007 Lyon

On-site registration

Schedules

Wednesday
7 PM - 9 PM

Price

Competition: €50

MUSCULATION /CROSS-TRAINING

CROSS/ROX/ TRAINING



Coach

Guillaume RAMEIL - 06.18.48.82.96
Matthieu POCARD - 06.48.27.24.35

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON

On-site registration

Schedules

Musculation / Cross-training
Monday: 6 PM - 7:30 PM and
7:30 PM - 9 PM

Thursday: 3:30 PM - 6 PM
Friday: 5:30 PM - 7 PM and 7 PM
- 8:30 PM

Cross/Rox/Training
Thursday: 4:30PM - 6PM

Price

€80

PICKLEBALL



Coach

Grégoire POCARD - 06.30.95.24.70

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON

On-site registration

Schedules

Thursday
2 PM - 3:30 PM

Price

Recreational: €40



SPORTS



SWIMMING



Coach

Jacques POCARD - 06.75.69.70.53

Contact

Guillaume RAMEIL - 06.18.48.82.96

Location

Tony BERTRAND Swimming Pool
8 Quai Claude Bernard 69007 Lyon
On-site registration

Schedules

Thursday
4:00 PM - 5:00 PM

Price

Recreational: €40
Competition: €50

TABLE TENNIS



Coach

Marie-Laure DURAND-CALLENS -
06.15.05.34.23

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON
On-site registration

Schedules

Tuesday
7:00 PM - 8:30 PM

Price

Recreational: €40

YOGA



Coach

Eléonore BAUD

Location

Gérard ODRAS Sports Hall
Saint-Paul Campus
Building A, 6th floor
10, Place des Archives
69002 LYON
On-site registration

Schedules

Wednesday
5:00 PM - 6:00 PM

Price

Recreational: €40



UNIVERSITY SPORTS COMPETITIONS

For more details, competitive university sports are managed by **the Ligue Auvergne-Rhône-Alpes du Sport Universitaire (LAURA-SU)**.

Ligue Auvergne-Rhône-Alpes du Sport Universitaire - Lyon site

Walkway under Amphitheater 4/5

43 Boulevard du 11 Novembre 1918 – 69622 Villeurbanne Cedex

Office hours: Monday to friday 9:00 AM - 5 PM

lyon@sport-u.com

sport-u-auvergnerhonealpes.com

Directors

Nicolas DAVESNE: 06.12.27.24.48

Gaylor VERGIAT: 06.75.04.56.09



Administrative and Sports Secretariat

Helena LULIC: 06.72.14.80.88

Marie-Rose ALFANO KALLI: 06.71.06.22.74

Karin LUCE-DINIZ: 06.75.23.21.02

Tribute to Gérard ODRAS

The AS UCLy Sports Office team and all its members pay tribute to Gérard Odras, who suddenly passed away in 2013.

His death deeply affected us all. Gérard is remembered as a sporty, cultured, and cheerful man, highly committed to the field of sports.

He diligently served as a PE teacher and coordinator at the AS CATHO Sports Office.

The sports hall on the Saint-Paul campus and the 2026/2027 edition of the Sports Handbook are dedicated to him.

To Gégé.



IMPORTANT!

- **Recreational license:** Please complete the Leisure registration form and submit it to your coach along with your payment.
- **Competition license:** Please complete the Competition registration form and submit it to your coach along with your payment; you must then register your competition licence on the My Sport U website to finalise your licence with the FFSU.



AS UCLy Sports Office

Adress

Gérard ODRAS Sports Hall
Saint-Paul Campus - Building A, 6th Floor
10 Place des Archives 69002 Lyon

Permanences du bureau

Tuesday: 12:00 PM - 2:00 PM
Thursday: 12:00 PM - 2:00 PM

Contacts

BDS - 04.72.32.50.69
Mail: bds@univ-catholyon.fr
Facebook: BDS Fac Catholique de Lyon
Instagram: [bds_ucly](https://www.instagram.com/bds_ucly)
Guillaume RAMEIL - 06.18.48.82.96
Jacques POCARD - 06.75.69.70.53

Training starts:

Monday, September 14, 2026

Training ends:

Friday, May 14, 2027

Registrations for sports activities are done on site.

I want you
in my team!

